

Care after chewed lips, cheek or tongue

In some dental treatments, where anesthesia has been used (numbing), your child may bite their cheeks, lips, or tongue because they will be unable to feel the areas affected. Numbness generally lasts for a few hours after treatment is performed. During this time, avoid giving your child solid food as they may bite or chew their cheeks, lips, or tongue and not feel the wound. Stick with soft foods such as Jell-O, mash potatoes, ice cream, pasta, or that are not difficult to chew.

If your child does bite their cheek, lips or tongue there may be swelling the next couple of days while the wound heals. A yellowish, whiteness will appear over the wound and is a soft scab which is part of the healing process. Mouth wounds heal in about 10-14 days. If your child complains of discomfort, you can apply Orabase over the swollen areas. If the bleeding is excessive and does not seem to slow within a 15-20 minute period, contact our office for emergency services at (909)483-6851.

Thank you for choosing Children's Dentistry of Rancho Cucamonga for your child's dental needs.